

# Media Release



Services de santé du  
**TIMISKAMING**  
Health Unit

## **Public event with low-risk exposure to COVID-19 December 10, 2020 - For immediate release**

The Timiskaming Health Unit is advising the public of an event where they could have been exposed to COVID-19. A gathering occurred on December 5 from 4:30-7 pm at Riverside Place in New Liskeard. With the combination of COVID-19 measures that were in place and the level of contact, the event is considered a low-risk exposure to those who attended the sit-down meal, the take-out meal, or received delivery.

Anyone who attended this event needs to self-monitor for 14 days for symptoms of COVID-19. If symptoms appear, **immediately self-isolate** and call your local Assessment Centre to arrange testing.

If any high-risk contacts are identified, they will be contacted directly by public health. If you are concerned about your exposure or if you self-identify as a high-risk contact, self-isolate and call the health unit.

“If you are experiencing symptoms, don’t wait to get tested for COVID-19,” said Dr Glenn Corneil, Acting Medical Officer of Health and CEO for the Timiskaming Health Unit. “Getting testing immediately is a vital step to protecting our community.”

Symptoms of COVID-19 usually appear in 2-7 days, but may appear as long as 14 days after exposure.

“As we enter the holiday season, it’s important to keep our guard up regarding COVID-19. Avoid holiday gatherings with people outside of your household and continue to follow public health measures,” said Dr. Corneil.

District residents are reminded to:

- Continue practicing physical distancing
- Wear a mask or face covering in public indoor spaces
- Wash hands with warm water or use alcohol based sanitizers and do not touch your face
- Cough or sneeze into your elbow
- Do not gather in large groups, no more than 10 indoors and 25 outdoors
- Do not gather with people outside of your household
- Avoid non-essential travel outside of our district, especially to high transmission areas
- Stay home if unwell and contact your local Assessment Centre (AC) to schedule an appointment for testing
- Respect public health and any additional safety measures businesses have put in place
- Reach out to vulnerable people in your community who may need support

For more information on COVID-19, please go to our website [page](#) or visit the Ontario’s [website](#).

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